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RIHPA ANNUAL REPORT

ROYAL INLAND & HILLSIDE
PHYSICIANS ASSOCIATION



Royal Inland & Hillside
PHYSICIAN ASSOCIATION



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OUR VISION

Our vision is to be a leader in quality, patient-centered care, education and research through cohesive, shared decision making, collaboration and continuous improvement.

The Royal Inland Hospital and Hillside Physician Association is comprised of all physicians on staff in Kamloops. The Association aims to advance opportunities, and to enhance physician engagement within the hospital, the Health Authority and the healthcare system at large.

The Association seeks to create opportunities for its members to collaboratively participate and express their views on matters that are important to them contributing to the development, prioritization and achievement of Interior Health plans and initiatives. The ultimate goals being improved quality of care for patients & their families and an improved working environment for facility-based physicians.

ABOUT RIHPA

VISION

Our physicians have access to the resources and support they need to meet the needs of our patients in TCS in a healthy, happy, and productive work environment.

MISSION

We are an association of physicians for physicians, supporting them to deliver excellent clinical care.

VALUES

Throughout our organization, we strive to adhere to the following principles:

- **Teamwork & Collaboration:** We foster a cohesive, forward-thinking environment
- **Effectiveness:** We produce results in a timely manner
- **Commitment:** We are dedicated to our mission
- **Quality:** We are committed to a standard of excellence

CORE SERVICES

We work to support and meet the needs and interests of our physicians through delivery of the following:

- **Projects**
- **Programs**
- **Advocacy**
- **Physician Recruitment**

STRATEGIC AREAS OF FOCUS

- **Advocacy:** Strengthen physician advocacy and collaboration with Interior Health, Doctors of BC and Ministry of Health
- **Recruitment And Retention:** Improve recruitment and retention of physicians in departments and service areas in crises.
- **Specialty Programs:** Initiate, develop and grow specialty programs at RIH that serves the needs of patients and families and improves the efficiency and quality of care.
- **Physician Leadership:** Provide physicians opportunities to participate in education, research and leadership development.

Meet our
BOARD OF DIRECTORS

2022-2023



**DR. KAVERI
GUPTA**
Board of Director, RIHPA



**DR. TOCHI
ANYANSI**
Board of Director, RIHPA



**DR. FATIMA
ALLIBHAI**
Board of Director, RIHPA

Meet our
WORKING GROUP

DR. LISA MCHON
Anaesthesia

DR. HENK VAN ZYL
Emergency Medicine

DR. HARPREET KELLY
Hospitalist

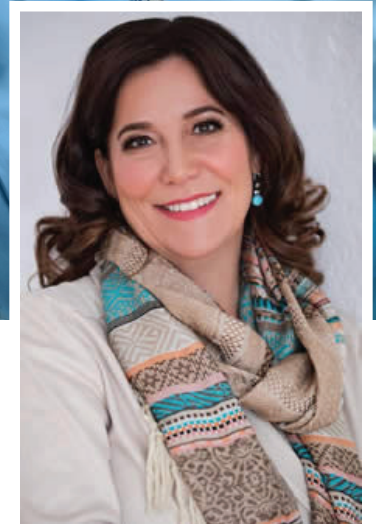
DR. ERIN ADAMS
Obstetrics/Gynecology

DR. BREANNA CLIVE
Pediatrics

DR. PETRA STEPHEN
Psychiatry

DR. JON JUST
Surgery

**THERE ARE NO WORDS TO
EXPRESS OUR GRATITUDE
TO THE ABOVE PHYSICIANS
FOR THEIR CONTINUED
COMMITMENT TO RIHPA**



Message from the PROGRAM DIRECTOR

I recently had a conversation with an employee who is currently working full-time. He said, "I will be lucky if I can last as long as an AA battery". How long is that? I decided to "Google" the answer. According to Google, AA alkaline batteries have a shelf life of approximately 5-10 years.

As an association, we encourage physicians' involvement to help make positive changes in our environment. I understand this is difficult to do when our physicians are already at capacity (considering their hospital shifts, personal demands, and own health challenges).

As the Program Director, I get discouraged when I cannot support our physicians due to regulatory restrictions (always a fact in any organization) or bandwidth (not a large enough support team at times). What I can do is instill hope, support activities, lead projects, and propose ideas for ongoing issues.

I am aware of the honest commentary made in our workplaces over some of these tough situations. And I am grateful for having witnessed surprising interventions from our physicians who are trying to make a difference.

I believe the directors, working group members, and physicians are making a positive difference. Sometimes it may look the changes are in inches, but those inches lay the groundwork for a strong foundation and future development.

I would like to encourage our physicians to continue to attend the quarterly meetings, the social gatherings, the meetings led by your peers, and any leadership opportunities presented to you. When we work together, we are closer to solutions that will recharge us all.

Karen A Vogel
Program Director, RIHPA



Message from
DR. TOCHI ANYANSI
 BOARD OF DIRECTOR, RIHPA (HILLSIDE)

Once again, it is with great pleasure that I write this letter as a member of the board of Royal Inland and Hillside Physician Association representing Hillside Center.

Hillside Center joined Royal Inland Hospital in April 2020 to form the Royal Inland and Hillside Physician Association (RIHPA). This amalgamation has continued to benefit the two hospitals but Hillside has its unique role in Tertiary Care in the region and we have decided again to have a separate Working Group for Hillside physicians.

We have recruited two psychiatrists to Hillside this last year although they had been working at Royal Inland Hospital and will continue to do so in a limited capacity. We are hoping to

attract more psychiatrists to Kamloops to shore up the numbers for Royal Inland and Hillside.

We are in the process of acquiring a Transcranial Magnetic Stimulation machine for treating patients with depression at Royal Inland Hospital and Hillside. We organized an update course on Electro-convulsive Therapy for psychiatrists working at both sites. We are hoping to improve collaboration between the two sites this year.

Thank you for your continued support of the board and working groups of Royal Inland Hospital and Hillside Center.

Dr. Tochi Anyansi
Board of Director, RIHPA (Hillside)

FACILITY ENGAGEMENT MANAGEMENT SYSTEM (FEMS)

WHAT IS THE FACILITY ENGAGEMENT MANAGEMENT SYSTEM?

The Facility Engagement Management System (FEMS) is a web-based information system that provides overall business management support and functions for the Facility Engagement Initiative at both the site and provincial levels. All physician societies with full funding status will use FEMS, at no cost to them, to support their facility engagement work.



WHAT DOES FEMS DO?

For all physicians and allied health professionals: Processes and tracks sessional claims for facility engagement activities, and collects feedback for evaluation purposes.

For physician society executives and staff: Supports the management, tracking and reporting of engagement activities and fund usage, and imports financial transactions into its accounting system.

WHY IS FEMS BEING USED?

At the individual physician level, sessional claims can be paid electronically allowing for faster processing times. For ease, claims can also be submitted and viewed through the mobile application of FEMS.

For the Ministry of Health and Doctors of BC, FEMS allows for standardized electronic reporting at several levels, and tracking of physician feedback against engagement activities.

HOW CAN I ACCESS FEMS?

FEMS can be accessed through a desktop/laptop at: fems.facilityengagement.ca or through a mobile device by downloading the mobile application from either Google Play or the Apple App store.

The mobile application of FEMS will support registration, and claim submission and tracking. Full features are available on the desktop version.

2022-2023 HIGHLIGHTS

RIH FEI ACTIVITIES:

- Psychiatry Mapping (RIH) - Anyansi
- C-Section Management - Adams
- Diabetic Care Initiative - Wong
- ERAS – Enhanced Recovery After Surgery - Lott
- GIM Visioning - Wong
- IH West Ethics Committee - Kusler
- Meditech Workflows - Cindrich
- OB/GYNE Planning - Lott
- Ongoing Surgical Wait Time and Demand Analysis - Wallace
- Physician Recruitment - Campsall
- Physician Wellness - Kelly
- ECG Quality Improvement - Steyn
- Same day discharge for Laparoscopic Hysterectomy - Kozic
- Trauma Performance and Patient Safety - Sunder
- Medical Staff Yearbook - Outerbridge
- Wounds Care Formalization - Gupta

PHYSICIAN COLLABORATION MEETINGS AND COMMUNITY ENGAGEMENT:

- RIHPA WG Meetings, TRDFP, MSA, TMA, HLC, SCSC, CSC, CME
- Supported project dinner/lunch events: neurology (Parfitt), diabetic care (Wong), hospitalists (Sigalet/Kelly) and psychiatry (Anyansi)
- Advocated for increase of sessional fees to Doctors of BC (April 1st to 171.05.)
- (3-4 meetings) with Susan Brown, CEO, and her senior leadership team



WELLNESS INITIATIVES:

- Handed out (5) 95.00 golf vouchers (gifted – no charge to RIHPA) to the golf “keepers” Dr. Dodd, Dr. Chow, Dr. Hutchison, Angela Smith (RM) and Natalie Manhard (NP)
- Cookie and Coffee Day in Physician Lounge (collaborative with Docs of BC)
- Donut Day and Coffee at RIH/Hillside from RIHPA and Doctors of BC (June 20 to kick off the first day of summer)
- Fawcett Farm – September (100+ attendance)
- Harper Mountain Tubing (Jan 2023 – 47 participants with 50 registered)

RIH SUPPORT:

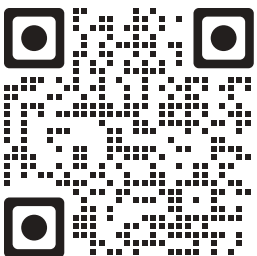
- Supported surgical expansion
- Advocated for local IH recruiter
- Began bringing regular snacks to physician’s lounge at RIH
- Advocated with most senior levels of IH on behalf of RIHPA/MSA
- RIHPA AGM – first ever physical annual report

WE'RE
PLEASED TO
PRESENT
OUR NEW
WEB
PLATFORM!



The new design and layout was created as a response to physician members wanting a place to:

- Pay MSA dues
- Event calendar (CME/RIHPA/MSA)
- Sign up for events and meetings
- Receive RIHPA/MSA communication (less email to inboxes)



Please go to
WWW.RIHPA.CA
for all your member information!



Royal Inland & Hillside
PHYSICIAN ASSOCIATION



NATRISHA SAGRIS

RIH MSA & CME Coordinator

What does the Royal Inland Hospital Medical Staff Association Do?

The Royal Inland Hospital Medical Staff Association functions to:

- Attend and advocate at local medical advisory committee meetings
- Represent staff in conflict situations
- Works collaboratively with the Royal Inland Hillside Physician Association (RIHPA) and IH admin to move forward on projects
- MSA Quarterly meetings and membership appreciation and recognition
- Continuing medical education programming and CME events

Thank you to our MSA board members, both new and emerging, and our CME co-chairs for their ongoing championing of the MSA programs. I look forward to the programming year ahead.

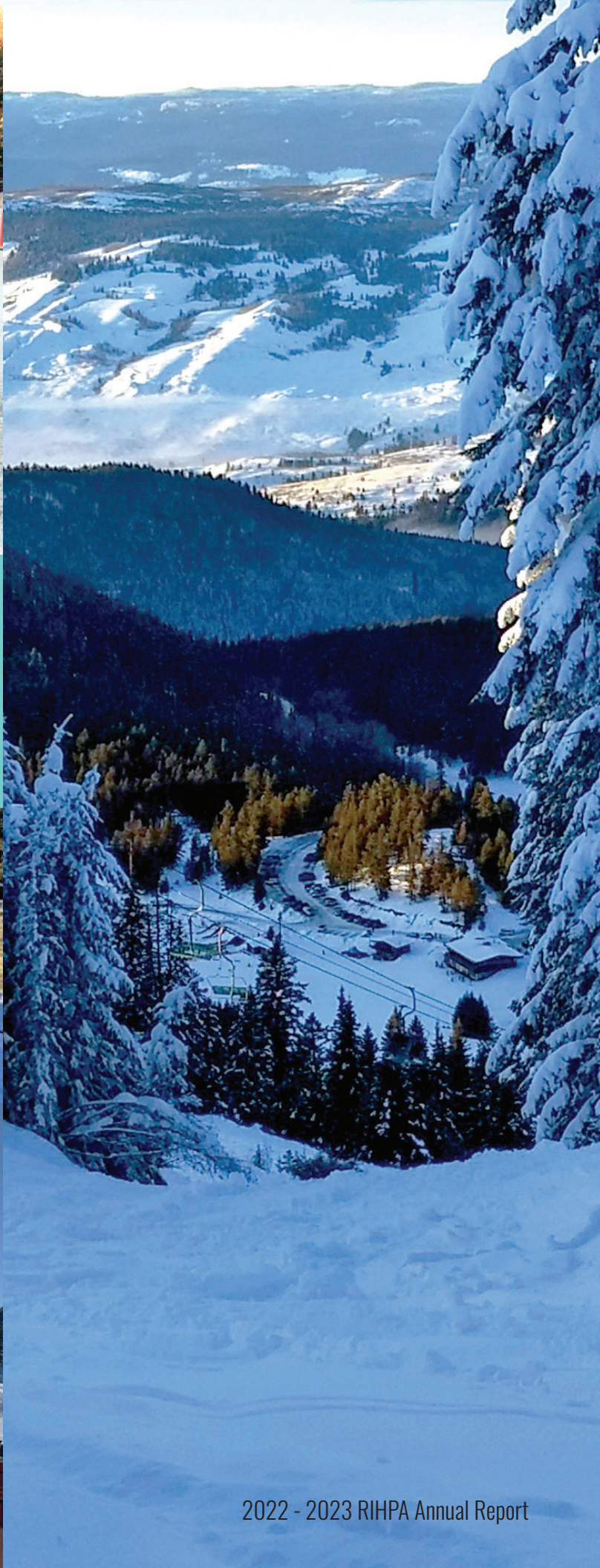
RIH CME is Changing: The 2022/2023 CME programming year provided a dynamic line-up of CME talks. If you missed a talk, all previous zoom cme talks are available via the IH library under CME and via a Vimeo link (details of how to access are available via rihpa.ca website).

We are doing things a little differently for the 2023/2024 program year. Each month will comprise 2 of the usual early morning Tuesday CME talks via zoom, with monthly interdisciplinary M&M rounds in person on the 3rd Wednesday of every month, at the Ken Lepin Theatre. The RIH Continuing Medical Education program runs September to June annually. Conference topics & speakers have not been finalized as of yet. If you have a topic you are interested in learning more about, please put your requests forward.

In my role as the MSA and CME coordinator, I am here for your requests and suggestions. If I can't help, I will find someone who can.

RIH and Kamloops is a better place because of you.

Thank you.



2022 HARPER TUBING TRIP



ROYAL INLAND & HILLSIDE PHYSICIAN ASSOCIATION

STATEMENT OF FINANCIAL POSITION

March 31	2023	2022
ASSETS		
Current		
Cash	\$ 217,875	\$ 130,707
Restricted Cash (Note 3)	20,000	20,000
Accounts receivable	439	1,590
Prepaid expenses	1,265	1,136
Goods and services tax receivable	3,282	1,463
	\$ 242,861	\$ 154,896
LIABILITIES		
Current		
Accounts payable	\$ 25,514	\$ 30,277
Deferred contributions (Note 4)	214,919	122,915
	\$ 240,433	\$ 153,192
NET ASSETS	2,428	1,704
	\$ 242,861	\$ 154,896



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Royal Inland Hospital
311 Columbia Street
Kamloops, BC V2C 2T1

www.rihpa.ca